

Plain English Summary

Finerenone for treating chronic kidney disease and protein in the urine associated with type 2 diabetes

What does the guidance say?

Finerenone is not recommended for government subsidy for adults with chronic kidney disease and protein in the urine associated with type 2 diabetes.

Why was it not recommended for subsidy?

ACE evaluates how well a treatment works in relation to how much it costs compared to other treatments. Finerenone was not recommended for government subsidy because it did not represent an acceptable use of healthcare resources at the price proposed by the company. If you need finerenone for this condition, you can speak to a medical social worker to find out if there is other financial assistance available to help with the cost of treatment.

What is chronic kidney disease?

Chronic kidney disease occurs when the kidneys become damaged and are unable to filter waste and water from the body. This causes waste to build up to high levels in the blood and can lead to complications such as high blood pressure, anaemia (low level of red blood cells), heart failure, weak bones and nerve damage.

When your kidneys are not working as well as they should, protein can leak through your kidneys' filters and into your urine, which is known as proteinuria or albuminuria. This can be an early sign of kidney disease.

Having diabetes can cause chronic kidney disease because high blood sugar damages the fine blood vessels and filtration units in the kidneys. People who have both kidney disease and type 2 diabetes have a higher risk of developing complete kidney failure and heart disease.

What is finerenone?

Finerenone belongs to a group of drugs called non-steroidal mineralocorticoid receptor antagonists, which block the activity of certain hormones (mineralocorticoids) made in the body that can damage the heart and kidneys. It is taken orally with other treatments for chronic kidney disease.

Your doctor will tell you how much you need to take and how long you need to take it for.

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Is this the right treatment for me?

There are different types of treatments available for chronic kidney disease. Your doctor may recommend you have finerenone if they consider that it is the most suitable treatment for your condition. Your doctor should give you clear information, listen to your views and concerns, and talk to you about your treatment options.

Some of the questions you may want to ask your doctor when making decisions about your care are:

- How will the treatment affect my day-to-day activities?
- How well does it work compared to other treatments?
- What are the side effects and risks of treatment, and how likely are they?
- How much does the treatment cost?
- How long will I need to be on the treatment for?
- What happens if the treatment stops working?
- What happens if I do not want to have treatment?

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 Agency for Care Effectiveness - ACE

 Agency for Care Effectiveness (ACE)

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This summary is not, and should not be regarded as, a substitute for professional or medical advice. Please seek the advice of a qualified healthcare professional about any medical condition.

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